

INDEPENDENT LEARNING SERIES

LEARNING WALKTHRUs

WHAT TO DO WHEN YOU'RE STUCK

01 | IF YOU DON'T UNDERSTAND

02 | IF YOU DON'T KNOW HOW TO START

03 | IF THERE SEEMS TO BE TOO MUCH TO LEARN

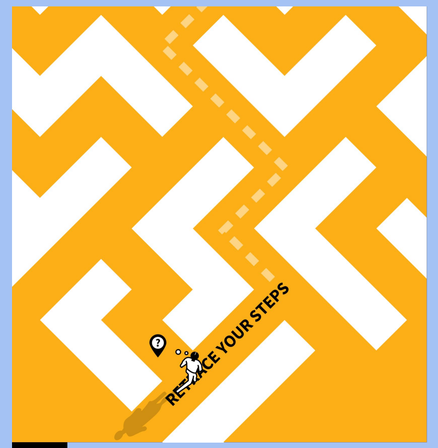
04 | IF YOU FIND IT TOO DIFFICULT

05 | IF YOU FEEL LIKE YOU'VE FALLEN BEHIND

LEARNING WALKTHRUs

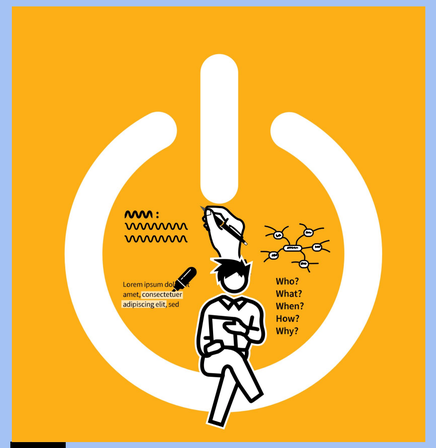
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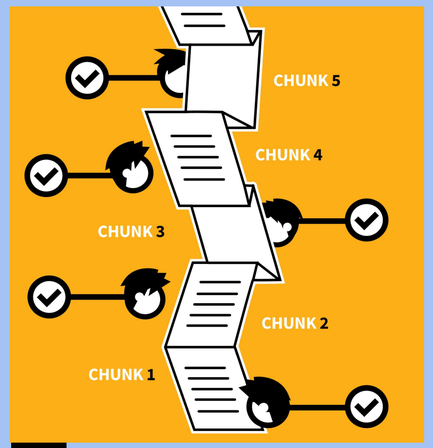
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IF YOU DON'T UNDERSTAND



2

IF YOU DON'T KNOW HOW TO START



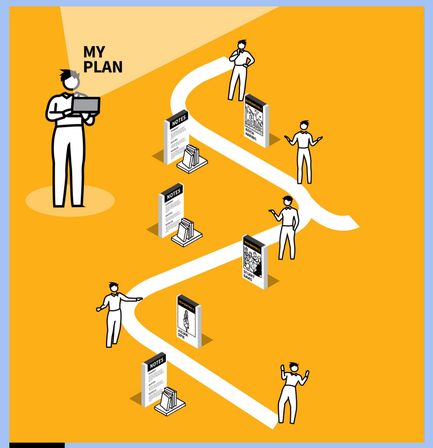
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IF THERE SEEMS TO BE TOO MUCH TO LEARN



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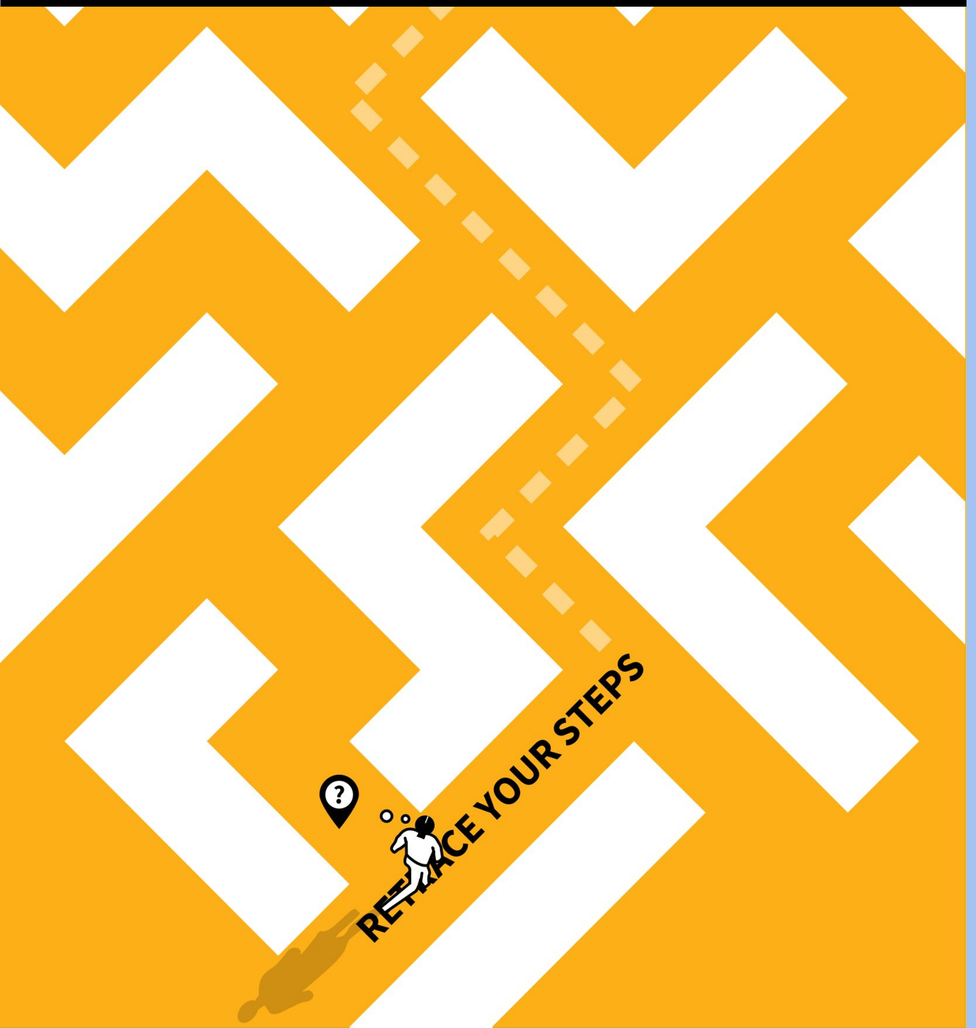


5

IF YOU FEEL LIKE YOU'VE FALLEN BEHIND

- When studying by yourself, it's helpful to have strategies for when things get tough!
- It's important to learn to overcome setbacks, allowing yourself some time to get to grips with new ideas without giving up or losing confidence.
- Everyone experiences moments when learning is hard and they feel stuck for different reasons.

WHAT TO DO WHEN YOU'RE STUCK



IF YOU DON'T UNDERSTAND

- RETRACE YOUR STEPS | Go back to what you do know and work through ideas step by step.
- REREAD YOUR NOTES | Or the original source where the ideas are explained in detail.
- LOOK FOR WORKED EXAMPLES | Follow line by line, making sure each step makes sense.
- ASK SOMEONE | Get someone at home or a teacher to re-explain it to you. It's always better to ask than to struggle and suffer!

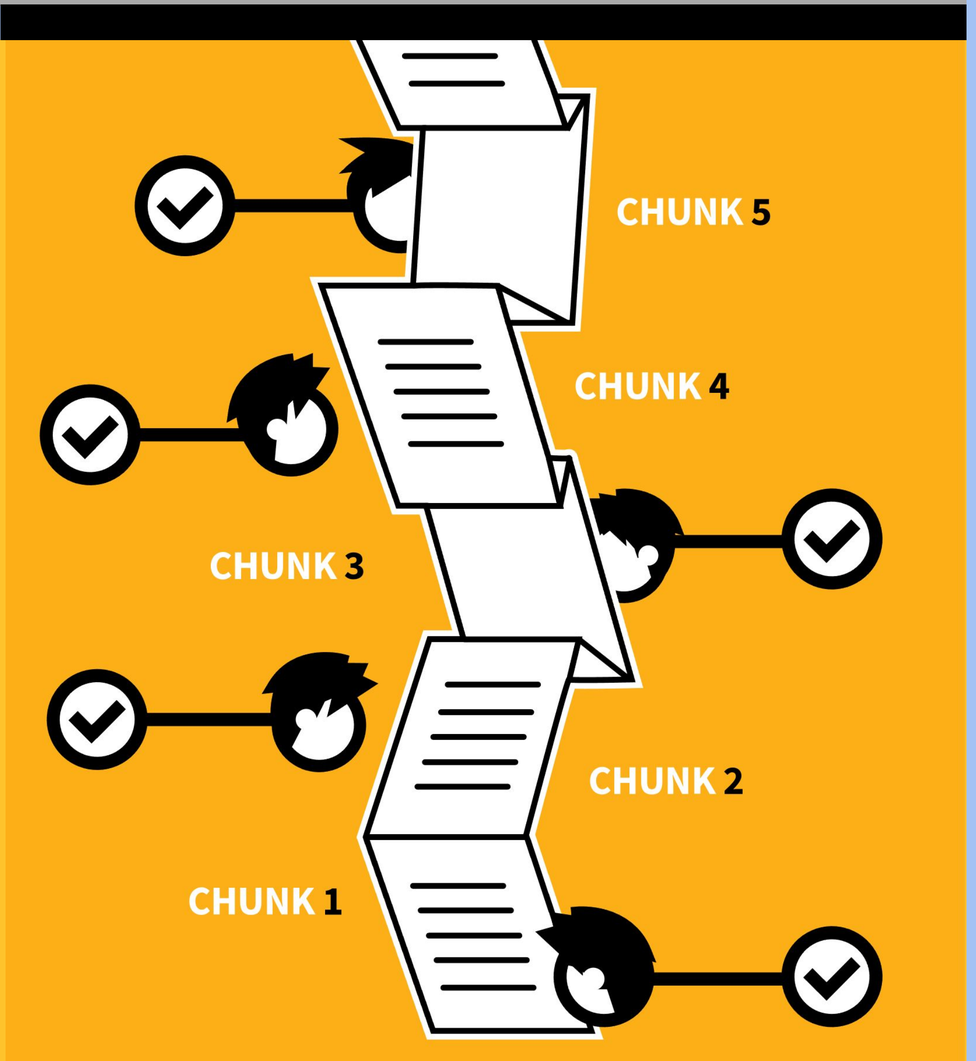
WHAT TO DO WHEN YOU'RE STUCK



IF YOU DON'T KNOW HOW TO START

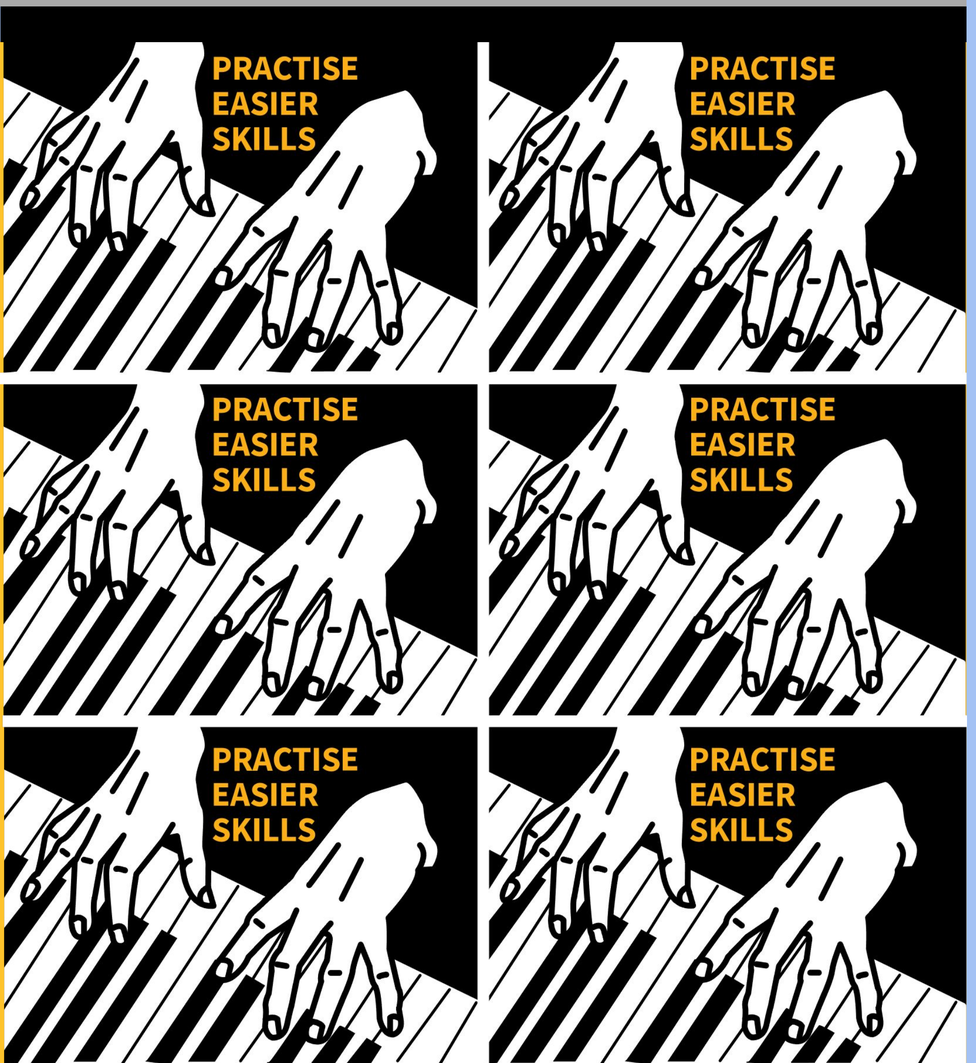
- Often getting started on a piece of work is the most difficult step. To overcome that block:
  - Jot down related facts you know and note your initial ideas in rough.
  - Highlight key words in a question or essay title.
  - Sketch a diagram or make a mini mind map
  - Rehearse some common stems for writing and choose one you know.
  - Write out any well-known 'rule of thumb' your teacher taught you to trigger your thinking.

WHAT TO DO WHEN YOU'RE STUCK



IF THERE SEEMS TO BE TOO MUCH TO LEARN

- Feeling overwhelmed by the amount of material is common. To make it seem more manageable:
  - BREAK IT DOWN INTO CHUNKS | Focus on just one area at a time. If you work through each small section, eventually you'll get there. Just do as much as you can.
  - PRIORITISE | Identify topics you think need the most work or are the most important and focus on them. It might mean you leave some things out and that's OK.



IF YOU FIND IT TOO DIFFICULT

- If you find the maths problems or piano piece or grammar are just too difficult, it's likely your mastery of the more basic material isn't secure enough yet to make the jump. The solution is:
  - Go back to the previous material where you felt more secure.
  - Practise more of the easier questions or easier skills to build your fluency and confidence.
  - Then, try again to tackle the harder material, in small steps.

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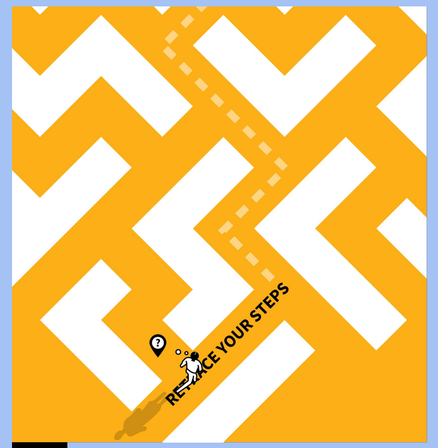
IF YOU FEEL LIKE YOU'VE FALLEN BEHIND

- First, get an overview of the course — using course outlines, knowledge organisers and textbooks.
- Identify where you are and pinpoint the exact material that you need to catch up on.
- Make a plan: Assemble study materials, read as much as you can, do the practice tasks your teachers suggest and work through it bit by bit.
- A personal catch-up session with a teacher or friend can help you to catch up more quickly.

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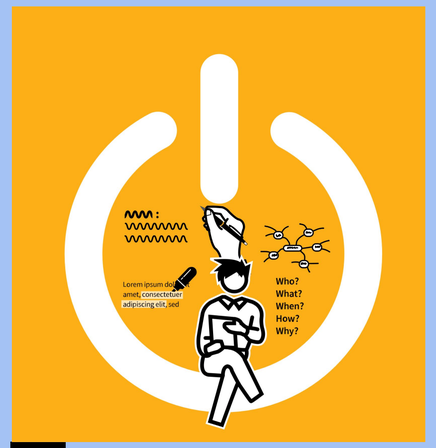
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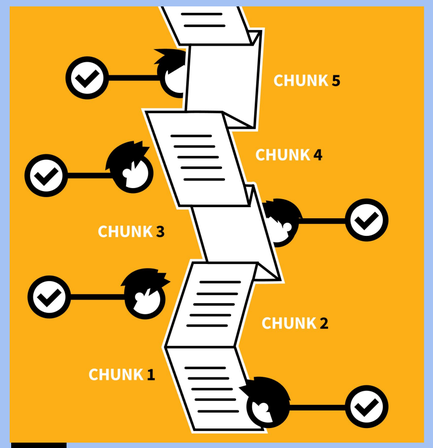
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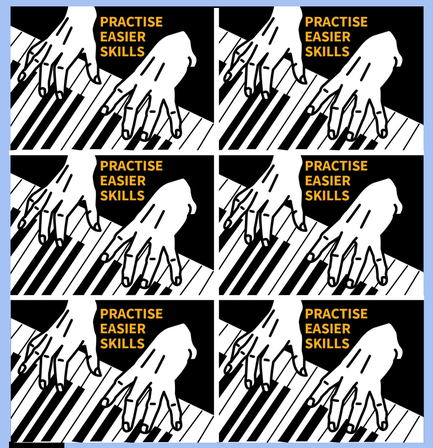
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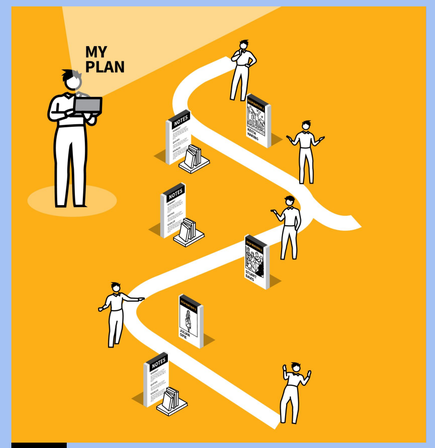
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