



WELLACRE

Digital Safety

Being online has become an integral part of many children's lives, Social media, online games, websites and apps can be accessed through a variety of digital devices – all of which form a part of their online world. Wellacre students and staff use technology in many different ways to support teaching and learning. The internet can provide new opportunities for young people's learning and growth, but it can also expose them to new types of risks such as grooming, cyber bullying, sexting, addiction, exposure to inappropriate content and identity theft.

It is vital that Wellacre works together with parents to ensure all children have the tools, knowledge and confidence to navigate the online world successfully. Ensuring students are aware of how to stay safe online and what to do if something goes wrong is a life skill they will need for years to come.

As part of our RESPECT and Computing lessons, all students have online safety lessons.

Parents can help establish healthy online habits:

1. Set parent controls to enforce age appropriate content (this can be configured in multiple places: router/broadband provider, device, the app store/google play and in many apps and games (see below for more details). On devices that have access to 3G and 4G services, it is important to set up parental controls on multiple levels.
2. Set and agree online boundaries.
3. Be aware of the apps your child is using.
4. Check location sharing settings.
5. Take an active interest in how your child is spending their time online, whether it's gaming or apps.
6. Reinforce the need to keep themselves and their accounts private online, using high privacy settings and limiting the amount of personal information in the public domain.

Guidance on Parental Controls

| Method | Information | Link to Configuration Help |
|--------------------|---|---|
| Broadband Provider | Most broadband providers include parental controls for free as part of their broadband package so any device that connects to your WiFi will be protected by any controls you have set. | Links for setting up parental controls through some of the main providers like BT, Sky and TalkTalk can be found here: https://www.saferinternet.org.uk/advice-centre/parents-and-carers/parental-controls-offered-your-home-internet-provider |



WELLACRE

| | | |
|-----------|---|---|
| Device | Parental controls can be configured on most devices from iPads and iPhones to android devices. | <p>Apple Devices https://support.apple.com/en-gb/HT201304</p> <p>Android Devices https://www.techadvisor.co.uk/how-to/google-android/android-parental-controls-3461359/</p> <p>Windows Devices (inc. Xbox) https://blogs.windows.com/windowsexperience/2012/03/29/how-to-control-access-to-apps-on-your-kids-windows-phone/</p> <p>Playstation 4 https://support.playstation.com/s/article/PS4-Parental-Controls?language=en_US</p> |
| App Store | Parental controls can be set on the app store to restrict explicit content, define privacy settings and control app/game installation controls. | <p>Google Play: https://support.google.com/googleplay/answer/1075738?hl=en-GB</p> <p>Apple AppStore: https://support.apple.com/en-gb/HT201304</p> |

The table below provides guidance for parents on popular apps including links to parental control settings for each.

| App | Official Age Rating | Use | Link to parent guidance on settings |
|--|---------------------|--|---|
|  Discord | 13+ | Voice and text chat popular with gamers | https://discord.com/safety/36044153831-Helping-your-teen-stay-safe-on-Discord |
|  Tik Tok | 13+ | A social media platform that lets you create, share and discover 60 second videos. | https://www.tiktok.com/safety/resources/for-parents?lang=en&appLaunch=web |
|  Instagram | 13+ | Picture and video sharing app | https://help.instagram.com/154475974694511/?helpref=hc_fnav&bc[0]=instagram%20Help&bc[1]=Privacy%20and%20Safety%20C%20enter |
|  Snapchat | 13+ | Allows the user to send photos, short videos or messages | https://support.snapchat.com/en-US/article/privacy-settings2 |



WELLACRE

| | | | |
|---|-----|--|---|
| Fortnite FORTNITE | 12+ | Popular survival action game where live players fight each other to be the last one standing | https://www.epicgames.com/fortnite/en-US/parental-controls |
| Houseparty  | 13+ | Private video chat app used for group video chatting and texting | https://www.internetmatters.org/wp-content/uploads/parent-controls-docs/parental-control-houseparty-privacy-and-safety-settings.pdf |

Additional help and resources can be found on the Internet Matters website

https://www.internetmatters.org/?gclid=Ci0KCQiwvhf6BRcKARIsAGI1GGiQh8bAO708g7VtqunzJN0F0KEOBYtysq9QsGiw-aBEgzcJJyi0C1aArbNEALw_wcB